



<p>Mosaic of Lakeshore COVID19 Testing Plan and Response Strategy</p>	
<p>Approved by: Shannon Jones- Administrator Thembeke Maunga- Director of Nursing Wayne Mulenga- Nurse Consultant Dr. Olumuyiwa Idowu- Medical Director</p>	
<p>Effective: 06.03.2020</p>	<p>Revised: 06.12.2020 Revised 07.17.2020</p>

BACKGROUND

Due to the COVID19 pandemic, CMS gave guidelines for restrictions in nursing homes in order to limit COVID19 exposure and to prevent it’s spread. Mosaic of Lakeshore complied to these guidelines. Following the MEMO from CMS with recommendations on nursing homes relaxing some of those restrictions and eventually reopening, this is the strategy that we have come up with.

PURPOSE

To create a strategy that will meet CMS recommendations in order to help us reopen Mosaic of Lakeshore while still reducing the risk of transmission of COVID19 in our healthcare setting.

A. CREATION OF COHORT ZONES

The following units have been identified as the various cohort zones in the building:

- Red Zone = 1st Floor Northeast and North West Wing (Positive for COVID) resident will be isolated and will remain on isolation until symptom free for at least 14 days
- Orange Zone = 1st Floor Southwest Wing (patient under investigation) resident will be isolated, tested for COVID19, and will remain on isolation until symptom free for at least 14 days. If the test is positive, they are moved to the red zone.
- Yellow Zone = (Residents exposed to COVID19) resident will remain in original room, but will not bring in new roommates until at least 14 days have passed since the COVID19 + roommate was moved out of room
- Grey Zone = 3South and 3NorthWest (Recovery/Convalesce Wing) Resident will remain on unit and will retest twice 24hours apart before they can be moved to the green zone



- Green Zone = 2N, 4N, and 3NorthEast (Negative for COVID)
- Blue Zone = Rooms 201-207 (New and Readmissions) residents will remain in private room(quarantine) for 14 days before moving to the Green Zone.

B. ADEQUATE STAFFING

We reviewed our staffing and have determined the facility has the necessary personnel to properly care for the number and types of residents served by the facility. We reviewed within the last 14 days and have been adequately staffed as evidenced by average daily staffing of:

- DON and ADON five days a week
- Nurse Practitioner five days a week
- Respiratory Therapist Daily five days
- 25Nurses/ daily, 49 CNAs daily
- 4 Nurse Supervisors daily
- 2 wound care nurses daily
- 1 restorative nurse five days a week
- Remote Telemedicine Services daily
- Medical Director on call daily

We further reviewed our projected our staffing for the next 14 days which are:

- 25Nurses/day, 49 CNA per day

C. REQUIRED TRAINING

A. COVID-19 (what is covid, symptoms, transmission, and prevention)

B. Hand Hygiene

C. Donning and doffing of Personal Protective Equipment (PPE)

- i. Gloves
- ii. Face Protection (Face shields, or goggles)
- iii. Face Mask (surgical or procedure mask)
- iv. N95 respirator (if applicable)
- v. Gowns (disposable, reusable, or alternative sources of protection)

D. Cleaning and Disinfection (policies addressing cleaning and disinfecting surfaces, product selection, and reusable equipment)

E. Specimen Collection

D. Specimen Collection/Identified Laboratory

- Physician order will be obtained by Medical Director, resident consent will be obtained prior to specimen collection
- Director of Nursing, Assistant Director of Nursing, and Nurse Supervisors will collect specimens



- Individuals with a previous positive result do not need to be included in weekly testing
- Residents or Staff will be retested if a new outbreak occurs when collecting specimens.
- An outbreak is one confirmed case and one person with COVID-19 like illness
- All testing supplies (nasal swabs) are obtained from Life Scan Laboratories and IDPH

E. TESTING PLAN

1. Residents Testing

- All residents will be tested for a single baseline with a deadline for completion of 06.09.2020.
- All consenting residents will be tested weekly until a 28-day period has elapsed with no new cases.
- If cases are identified, continue testing of residents until no positive cases are identified per CDC and CMS guidance. Previous positive cases do not need to be retested.
- Any resident identified to be positive for COVID-19 will be placed on droplet and contact precautions and moved to the COVID-19 designated area.

2. Staff Testing

- All consenting staff members will be tested for a single baseline with a deadline for completion of 06.15.2020.
- All consenting staff testing will be tested weekly until a 28- day period has elapsed with no new cases.
- If any staff member tests positive, or declines to be tested, they will be required to stay away from work, follow up with their primary physician, and self-quarantine for 14 days. They can only return to work after being asymptomatic for 14 days.
- Staff testing will continue weekly after the 28-day period has elapsed

F. SCREENING PROTOCOLS

i. Staff

- At the beginning of each shift and mid-shift employees' temperatures are checked, if its below 99.0 Fahrenheits they can then proceed to completing a monitoring tool for COVID19. If its above 99.0 Fahrenheits, they cannot be allowed to work the shift.



- If the employee answers “NO” to all screening questions, employee will be permitted to work.
- If the employee answers “YES” to any of the screening questions, the employee should not work. The employee should self-isolate at home. The facility should notify the local health department.

ii. Residents

- Residents’ temperature, heart rate and oxygen saturation are checked two times every shift and recorded.
- If they are having any abnormal temp, heart rate or oxygen saturation, the physician is notified, and appropriate orders obtained.

iii. Persons entering the building

- Upon entering the building, they are required to complete a COVID19 monitoring tool.
- Their temperature is then checked. If it’s above 99.0 Fahrenheit, they will not be allowed to enter the building.
- If they answer “NO” to all screening questions, they can enter the building.
- If they answer “YES” to any of the screening questions, they will not be allowed to enter the building.

G. PROCEDURE FOR RESIDENTS AND STAFF MEMBERS WHO REFUSE TESTING

i. Residents

- Symptomatic residents who refuse being tested for COVID19 will be placed in orange zone and then moved to yellow zone after 14 days of being asymptomatic.
- Asymptomatic residents who refuse to be tested, symptom-based strategy will be initiated, and resident will be noted as yellow zone

ii. Staff

- Staff members who refuse to be tested, symptom- based strategy will be initiated and staff member will have to self-quarantine at home for 14 days if symptoms appear.

H. INFECTION PREVENTION AND CONTROL INTERVENTIONS

- All residents will be required to wear a face mask when in direct contact with a staff member i.e., patient care, showers, etc.
- All staff members will be required to wear a face mask when in the building.



- All persons entering the building will be required to wear a face mask. If they decline, they will be restricted from entering the building.
- Essential visitors shall be required to maintain social distancing and perform hand hygiene upon entry in the building.
- All staff and visitors will follow all facility, state and local recommendations
- Residents must wear facemask when leaving the building for appointments. COVID-19 status must be shared with transportation services and with whomever the resident has the appointment
- Social Distancing (at least 6 feet between individuals)
- Visitor Restrictions
- Cessation of communal dining
- Cessation of group activities

I. ACCESS TO ADEQUATE PPE FOR STAFF

Mosaic of Lakeshore will maintain a par level of PPE as follows

- Masks: 10,000
- N95:600
- Gowns: 6,000
- Face shields:1,000
- Gloves: 16,000

J. COMMUNICATION

- Facility will communicate testing plans and results to the local health department
- Facility will communicate testing plans to residents and families, representatives, and healthcare personnel.

K. LOCAL HOSPITAL CAPACITY

Mosaic of Lakeshore's 911 hospitals, St. Francis and Weiss Hospitals both have the capacity to admit residents.